



The Episcopal Center for Children November Lunch Menu



AVAILABLE DAILY

FRESH VEGETABLES

FRESH FRUITS

MILK



Monday	Tuesday	Wednesday	Thursday	Friday		
		11/1/17 ENTRÉE Chicken Alfredo	11/2/17 ENTRÉE Pot Roast	11/3/17 ENTRÉE Fish Nuggets		
		FEATURED VEGETABLES: Broccoli	FEATURED VEGETABLES: Mash Potatoes Haricot Verts	FEATURED VEGETABLES: Cole Slaw Sweet Potato Fries		
		11/6/17 ENTRÉE Chicken Tenders	11/7/17 ENTRÉE Ratatouille	11/8/17 ENTRÉE Brodsworth sausage	11/9/17 ENTRÉE Fish Creole	11/10/17 ENTRÉE Pulled BBQ Sandwich
		FEATURED VEGETABLES: Tater Tots Baby Carrots w/ dip	FEATURED VEGETABLES: Salad	FEATURED VEGETABLES: Minestrone Soup	FEATURED VEGETABLES: Rice Collard Greens	FEATURED VEGETABLES: Sweet Potato Fries Corn of the Cob
11/13/17 ENTRÉE Grilled Ruben Sandwich	11/14/17 ENTRÉE Pasta Primavera	11/15/17 ENTRÉE Chicken Cesar	11/16/17 ENTRÉE Hot Dogs	11/17/17 ENTRÉE Hot Dogs		
FEATURED VEGETABLES: Split Pea Soup	FEATURED VEGETABLES: Vegetable Du Jour	FEATURED VEGETABLES: Vegetable Du Jour				
11/20/2017 ENTRÉE GRILLED CHEESE ON WW BREAD w/ TOMATO SOUP	11/21/17 ENTRÉE Vegetarian Chili w/ Corn bread	11/22/17 ENTRÉE Cheese or Pepperoni Pizza	Thanksgiving Luncheon 11/23/17 No School! Happy Thanksgiving!			
FEATURED VEGETABLES: Zucchini	FEATURED VEGETABLES: Vegetable Du Jour	FEATURED VEGETABLES: Toss Salad	11/24/17 Baked Beans Tater Tots			
11/27/17 ENTRÉE Cheeseburger	11/28/17 ENTRÉE Veggie Marina Pasta	11/29/17 ENTRÉE Jerk Chicken	11/30/17 ENTRÉE Beef Stew			
FEATURED VEGETABLES: Fries Baby Carrots w/ dip	FEATURED VEGETABLES: Squash	FEATURED VEGETABLES: Rice Vegetable Medley	Vegetable Du Jour			
Menu subject to change Vegetarian		Students Sean A 11/7 Malachi H 11/7 Blessing F 11/20 Staff Alexa Go 11/12 Emily Carmichael 11/29				



THURSDAY'S
 11-2-17- Cookies
 11-9-17 - Pudding
 11/16/17 - Assorted Desserts
 11/30/17 - Birthday Cake



Questions or Comments
 Contact the Food & Nutrition Office
 RonJanica Hymes, CFP
 Food & Nutrition Supervisor
 202-363-1333 ext:225

*Indicates Pork